



DURHAM ASSOCIATION FOR  
**FAMILY RESOURCES AND SUPPORT**  
 • One Person at a Time • Together With Families •

# Making the Most Family Learning Series

Making the most of your time,  
 energy and money to achieve a  
 good life for your family member

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 Oct 2 — Dec 11  
 2023



Families throughout the Region of Durham are invited to participate in an innovative and interactive six-part workshop that will support in re-imagining opportunities and real options for their family member. The heart of the series is to move beyond traditional uses for funding, to plan for a life that reflects interests, hopes and dreams.

The series is co-led by mentoring parents who engage in useful conversations and share their experiences in planning and creating opportunities. These conversations highlight simple choices that families can make to discover ordinary, yet significant ways for family members to be involved in their neighbourhood and community.

This series runs for six sessions and participants are asked to commit to all six

**Monday evenings from 6.30 – 9.00pm**

Oct 2, 16 and 30

Nov 13 and 27

Dec 11

All sessions will be held in person at  
 The Gathering Place,  
 20-850 King Street West, Oshawa

[Click to register  
 your interest](#)