



DURHAM ASSOCIATION FOR
FAMILY RESOURCES AND SUPPORT
 • One Person at a Time • Together With Families •

Making the Most

Family Learning Series

Making the most of your time,
energy and money to achieve a
good life for your family member

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Oct 6 — Dec 8  
2022



Families throughout the Region of Durham are invited to participate in an innovative and interactive six-week workshop that will support in re-imagining opportunities and real options for their family member. The heart of the series is to move beyond traditional uses for funding to plan for a life that reflects interests, hopes and dreams.

The series is led by mentoring parents who engage in useful conversations and share their experiences in planning and creating opportunities. These conversations highlight simple choices that families can make to discover ordinary, yet significant ways for family members to be involved in their neighbourhood and community.

This series runs for six sessions  
and participants are asked to  
commit to all six sessions

Thursday evenings from 6.30 – 9.00pm

Oct 6 (In Person),  
Oct 13 (Virtual), Oct 27 (In Person)  
Nov 10 (Virtual) Nov 24 (Virtual)  
Dec 8 (In Person)

In Person sessions will be held at  
The Gathering Place,  
20-850 King Street West, Oshawa

Spaces will be limited to allow for a safe distance between attendees. All participants and group facilitators will be asked to undergo rapid antigen testing and wear a face mask each time we come together.

[Click here to  
register](#)