

▶ THINKING IT THROUGH
CHATS PLANNING FOR
SUMMER BREAK... 2

▶ BIOMEDICAL GROUP
CHATS SUMMER LEARNING
AND CHAGA INFO... 3

▶ ETHICAL
PARTNERING WITH
DURHAM FAMILIES.... 2

June 2022

Durham Family Resources

FAMILYfocus

SO THAT ALL PEOPLE ENJOY A FULL AND MEANINGFUL LIFE
WITHIN THE COMMUNITY.

Register for your Picnic Meal and Join us at our Annual General Meeting on June 27th!

Our Annual General Meeting will take place later this month on Monday, June 27th. We are excited to hold this year's meeting in-person, and to be able to gather safely and chat face-to-face. We will be celebrating our community, and all the incredible work that has been done by families, members, and staff of the organization.

We will be hosting this event in Ajax at Hartrick House, located at 120 Roberson Drive (near Church St N and Rossland Rd W). While the business portion of the meeting will take place within Hartrick House, it will be followed by a picnic-style gathering on the grounds outside of the venue. Some indoor space may remain available, but most of us will head outdoors to blankets and tables along with individually provided "picnic baskets". You will have the opportunity to choose your picnic meal when you register using the link below. We have many enticing options catered by local favourite Butchie's!

This year's theme will center around **the celebration of family groups and families coming together**. We are working on a short video on the subject which we are excited to premiere that evening. We will eat, meet, chat and enjoy each other's company while we celebrate the significance of families coming together. We will have a dedicated board at the event to mention and acknowledge those who are not with us, where you can place a name or bring a photo.

The AGM provides an opportunity for families and community members alike to show their support for Durham Family Resources, hear from the Board of Directors, and connect with the staff team. It is also a great opportunity to meet other like-minded families, and gathering of families and allies to experience our AGM theme which is a *celebration of family groups*.

REGISTER HERE!
DFR Annual General Meeting
Monday, June 27, 2022 at 5:30pm



Ethical Partnering with Family-Managed Support Arrangements

Ontario's Journey to Belonging reformation process seems to suggest that more individualized funds will become available in the foreseeable future - because of this we have been deeply thinking about what families want and need in an agency partner.

We have been working on a presentation and paper outlining a long-standing, but not readily available, model of family/ally managed, individualized lifestyle support arrangements, including what we know about family-managed supports and good partnering with families. We presented this information late in May to an unexpectedly large audience - demonstrating the interest of families wanting to understand more about what they can expect and advocate for in a transfer payment agency.

We are going to host another presentation of the same material mid-June, in hopes to check in with local families. We want to ensure those in our Region have the opportunity to ask questions and become familiar with these ideas and concepts. If you are a family who wants to learn more, we hope you can join us!

Tuesday, June 14, 2022
1:30pm - 3:00pm

**Register here for your
Zoom link!**



School's Out for Summer! Planning for Opportunity



Thinking it Through: Welcoming the warm weather! The sunshine is here for the next few months, how will you be enjoying the summer weather with your family? What's available in the community and what's available in your backyard?

JOIN US! For this session of 'Thinking it Through' where we will spark ideas for summer 2022 and discuss the possibilities with our children and families. Learn more about the walking trails, playgrounds and splashpads!

Join together with families on **Thursday, June 16 2022** from 6:30pm-7:30pm to "think it through TOGETHER"

Register Here to Receive the Zoom Link Details!

Reflecting on Imagining Home after 6 Years and More at this Month's Meeting

It's June and AGM month here at Durham Family Resources! As always, there's something special in the works and we'd love to add your contribution! Come join us this month at Imagining Home as we reflect on this family group - which has been together for 6 years now - and the invaluable ways it positively supports parents, families and people with disabilities along their housing and home journey. Clips of our recorded discussion will be added to a special presentation to be shared the evening of the AGM.

We'll also take some time to reflect on the provincial election results and ways that we can remain steadfast in our principled approach to housing and continue to message what's most important to families when it comes to real home and community.

Come join the conversation! Long time and new families alike, everyone has something to gain and something to offer. Each month at Imagining Home, we engage with anything "housing, home and community" and enjoy critical discussion, sharing stories, learning and often having a good laugh among respectful and supportive people! Families bring a wealth of experience and knowledge and are ready to share and support others along their journey. All are welcome to attend and participate in Imagining Home when we meet on the second Wednesday of each month. If you are new to the group and would like to attend Imagining Home for the first time, we'd ask that you first contact Erin at (905) 436-2500 ext. 2511 or eoreilly@dafrs.com to arrange an introductory call.

IMAGINING HOME MEETING • WEDNESDAY, JUNE 8, 2022 • 6:30PM

ONLINE, VIA ZOOM!

CONTACT ERIN FOR DETAILS ([EOREILLY@DAFRS.COM](mailto:eoreilly@dafrs.com))




Foraging Ahead Together at June's Biomedical Approaches Study Group

June's meeting will focus on the value of families coming together to talk about bio-medical approaches to health, as well as the possibility of inviting a future guest speaker to chat about the Chaga mushroom and Chaga tea and its uses for well-being.

Everyone is welcome to attend and participate in the Bio-Medical Approaches Study Group when we meet on the second Friday morning of each month. Regulars, those who drop in when they can, occasional drop in for various topics, and curious on-lookers all join for morning discussion, learning, sharing and a good laugh that accompanies fellow learners who respect each other!

We usually engage with anything "Bio - Medical" and so families talk about all of the approaches, alternatives, strategies that we have found, are being pushed into, have discovered online and more! We have a wide circle of families who are ready to share their vast experience and together we sometimes are able to help each member make better sense of the options and choices that surround them.

The group meets monthly and is open and welcoming to new and past participants! We usually meet by Zoom invite on the second Friday of each month at 10am for about an hour to an hour and a half. Reach out to Janet  if you'd like to get a Zoom link to the next meeting!



**STUDY GROUP
INFO**

**FRIDAY,
JUNE 10**

10AM

Have You Attended Making the Most Family Series? Come Together to Discuss and Continue Learning!

The Making the Most Study Group is a fantastic opportunity for those who have completed the series to continue their learning and take some next steps in developing valued roles and relationships with a loved one.

Each month graduates of past Making the Most learning series are invited to come together and think more deeply about crafting and sharing a vision, and designing and planning days full of contributions and possibilities.

This month our usual meeting night coincides with our AGM and we do not want to take anyone away from the opportunity of attending and meeting up with other families and friends in person. So instead of getting together virtually as a study group, this feels like an excellent opportunity to spend some time together once again in person. We invite all MTM graduates [to register for the AGM](#) and look forward to seeing as many of you as possible on June 27.



MAKING THE MOST STUDY GROUP

The next study group meeting will be on Monday, July 25 from 6.30-7.30pm via Zoom. The meeting is open to anyone who has attended a MTM learning series before and wishes to join the conversation. Contact Laura.Ipowell@dafers.com for more information.

JULY 25, 2022
6:30PM TO 7:30PM

respiteservices.com



Respiteservices.com continues connecting families to supporters! Contact Sandy for details!

Respiteservices.com is continuing to operate remotely to connect families and support workers. We know people continue to need good support during this time and are working diligently to continue to provide this service to residents of Durham Region.

To be matched with support workers, you must be registered with respiteservices.com/durham. Contact Sandy at (905)436-3404 or sciarlariello@dafers.com. New supporters are continuing to be added. Contact Sandy for more information!

Important Dates At-A-Glance!

Imagining Home
June 8@6:30pm

Bio Medical Study Group
June 10@10am

**Ethical Partnering with
Family-Managed Support
Arrangements**
June 14@1:30pm

Thinking it Through
June 16@6:30pm

**Making the Most
Study Group**
July 25@6:30pm

**2022 Annual General
Meeting**
Monday, June 27, 2022

For more information on our organization or any of our events, please visit our website at www.dafers.com

For more information, please visit our website, www.dafers.com, and see the "Upcoming Events" tab.

Durham Association For Family Resources and Support
850 King St. W, Unit 20, Oshawa, Ontario L1J 8N5
(905)436-2500 www.dafers.com