

The background image shows an outdoor community market. In the foreground, there are green plants and a paved walkway. In the middle ground, there are several tents, including a prominent yellow one and a white one. People are seen walking and browsing. In the background, there are several flagpoles with flags, including the Canadian flag and the flag of the Republic of China (Taiwan). The sky is blue with some clouds.

# Durham Association for Family Resources and Support

Annual Report  
2018

## Business Meeting Agenda

|  |                    |
|--|--------------------|
| Land Acknowledgment                        | - Ginette Cormier  |
| Welcome - Chair of the Board               | - Sarah Netley     |
| Approval of the June 19, 2017 Minutes      | - Valentina Body   |
| Report of the Chair of Board               | - Sarah Netley     |
| Notice of Change in Membership Application | - Sarah Netley     |
| Report from the Executive Director         | - Janet Klees      |
| Treasurer's Report                         | - Khalid Elhasumi  |
| Nominations Committee Report               | - Lawrence Rubin   |
| Name Change                                | - Christine Hewitt |
| Staff Recognition                          | - Senior Staff     |
| Recognition of Retiring Board Members      | - Sarah Netley     |
| Adjournment                                |                    |

Annual General Meeting Agenda  
Tuesday,  
June 26, 2018  
6:00 p.m.

### Presentation:

#### *Focus on Business Ventures*

Sara Lo Turco - *Sara's Sweets*

Craig Zealand - *Memories by Craig*

## Chairperson's Report 2017-2018



I came across a quote a while back from William Shakespeare, in which he said "The meaning of life is to find your gift. The purpose of life is to give it away." When I read this quote I find it to be so fitting of the work we do at DAFRS. Because each person has a gift to share with the world regardless of their background. This gift is what makes us unique, what makes us who we are, and what makes us feel connected and included. This gift helps break down barriers and form relationships. At DAFRS we are so fortunate to work with such a dedicated group of families who are helping their loved ones find their gifts and share them. As you will see at the AGM, we have a number of young men and women who have been able to find their gifts and turn it into a small business. I invite you to network with them after the formal meeting so that they can share their gift with you. For the Board, this simply reinforces the direction and work of the organization. Without families like you, we would not be nearly as impactful, and for that we extend a heartfelt thank you.

Another busy year is coming to an end, with the Board's attention this past year being focused on the name change and implementation of the new by-laws. These new by-laws will ensure that the organization is in line with the new Ontario Not-for-Profit Corporations Act 2010 when it comes into effect, the date of which is not yet known.

The name change is now official with the Letters Patent having been officially amended earlier this year. We held a special meeting of the membership back in November to approve the amendments to the Letters Patent which included our new name.

The Nominations committee, led by Lawrence Rubin, has been hard at work this past year recruiting strong Board candidates. We are happy to welcome Olga Minikh, Mohamed Elghazouly, Martin Birt, Johanne Penrose, and Ginette Cormier who will be presented to the membership for approval tonight.

The Board is sad to have to say goodbye to three Board members this year, Valentina Body, Khalid Elhasumi, and Kaushana Bailey. These Board members provided a source of insight, guidance, and knowledge that we will truly miss at our monthly meetings.

The Finance committee continues to work diligently with senior management to ensure that DAFRS maintains a healthy financial position. This past year there has been much discussion around the organization's investment policy and use of the organization's reserves in a way that is meaningful and impactful to families. This discussion will continue to ensure that the use any excess funds are used in accordance with our strategic direction.

The Board would like to extend our sincerest thanks to the Senior Management team and our Executive Director, who make our job as Directors significantly easier. Janet, Sue, Teresa and Selena, your dedication to this organization and the families we support is truly inspiring. You work tirelessly to ensure that the vision and mission of DAFRS are supported in the programs, projects and initiatives we undertake, always with SRV in mind. Thank you for your hard work and dedication!

We have had another great year at DAFRS and the Board is excited for the year ahead!

*Sarah*

## DAFRS Staff Years of Service

We'd like to recognize the following members of DAFRS staff for their ongoing years of service:

### **CINDY MITCHELL**

Began at DAFRS September 4, 2007

**10 years of service**

### **JEANNE GODFREY**

Began at DAFRS May 7, 2007

**10 years of service**

**FOURTEEN**

Non-profit organizations served by the Collaborative Administrative Department

**14**

**TWO HUNDRED**

Adults supported through the Family Support team.

**200**

**SEVENTY FIVE**

Children supported through the Family Support team.

**75**

**TWENTY SIX**

Free, open invitation events hosted by DAFRS

**26**

**EIGHT HUNDRED AND ELEVEN**

People attended our events

**811**

# DURHAM FAMILY RESOURCES BY THE NUMBERS 2017-2018



## FAMILY GROUPS

Several family groups are facilitated here at Durham Family Resources. Families that meet regularly in groupings offer strength to each other and are a great source of encouragement and resource.



Ad hoc and interest-based groups focus on an issue and hold more casual, open-to-all meetings.

Current ad hoc family groups are the BioMedical Study Group, Imagining Home Housing Group, and the Making The Most Study Group



Some groups are committed members of a longer standing family group with facilitation over the long term.

Currently Durham Family Resources facilitates 4 family groups in which 37 people regularly attend.

# Other 2017-2018 Achievements

## NEW NAME

We officially finished procedures to change our name

## NEW FAMILIES

We began new out-of-region brokerage via MCSS using external facilitation (not using internal facilitation supports)



Job Development



Assistant to Young Families



Microboard Research Project



Duram Family Network is a family voice within and alongside DAFRS for the past 18 years.

18

548 families are using Respiteservices.com which makes the process of recruiting and contracting paid support easier for families.

548

Over 30 families have been actively shaping our Innovative Housing Project. Families have made presentations across the Region, including an invitation to speak with the Lieutenant Governor of Ontario. They have, in part, inspired a Housing Task Force in the municipality of Clarington.

30+

## Projects and Initiatives

25 families have been involved with other recruitment supports, focusing on one person at a time planning. This includes working closely with the person and family to identify needs or interests.

25

Sixty three families to date have completed the Making the Most series. Led by mentoring families, the series reimagines opportunities and explores options to plan and create a good life.

63

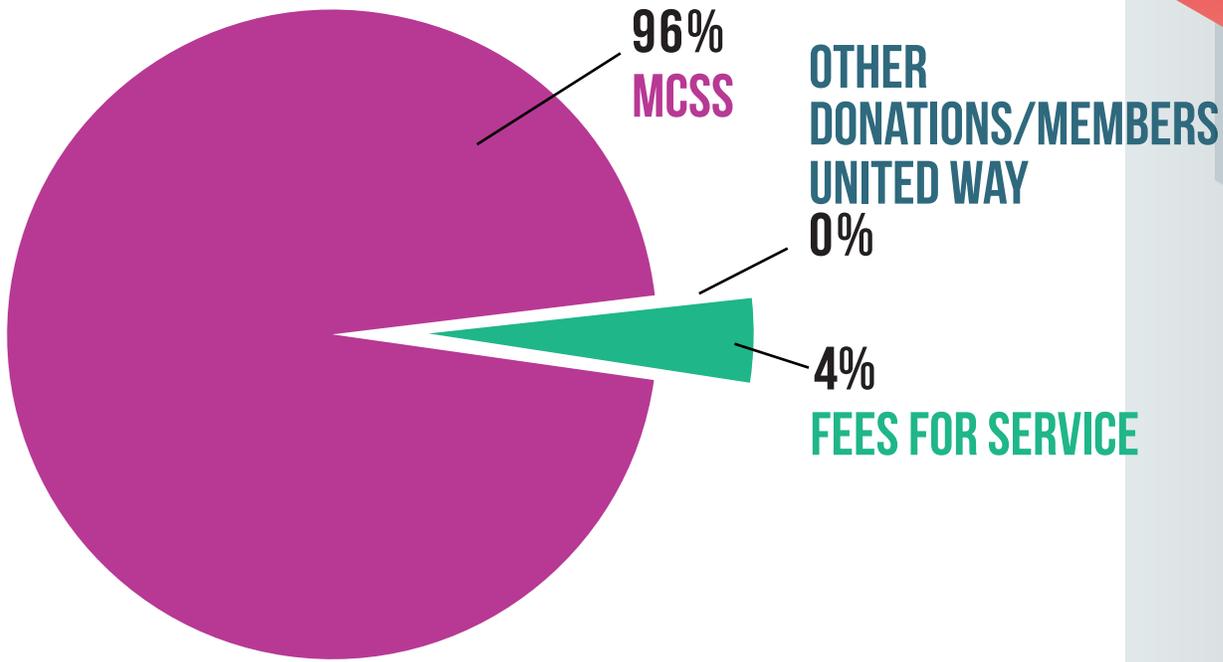
Twelve families have been connected with the Mindfulness Project over the past year providing training and learning to families.

12

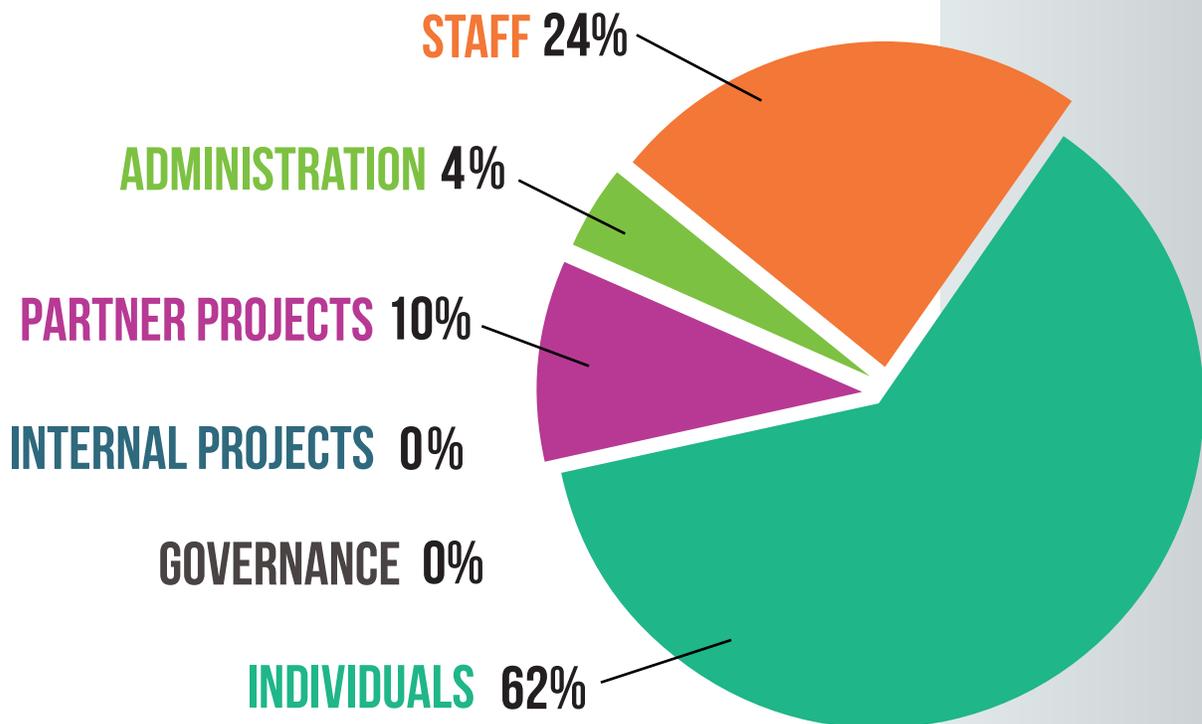
BDO Canada LLP audited the financial statements of Durham Association for Family Resources and Support for the year ended March 31, 2018 and the Board of Directors approved the statements at their meeting of June 21, 2018. The results are positive with a net surplus of \$123k coming from billed services.

# Financial Summary for 2017-2018

## WHERE THE MONEY CAME FROM



## HOW WE PUT THE MONEY TO WORK



## Board of Directors 2017-2018

|                      |                    |
|----------------------|--------------------|
| Sarah Netley         | Chair of the Board |
| Christine Hewitt     | Vice Chair         |
| Valentina Body       | Secretary          |
| Kashauna Bailey      | Director           |
| Martin Birt          | Director           |
| Ginette Cormier      | Director           |
| Mohamed Elghazouly   | Director           |
| Khalid Elhasumi      | Director           |
| Olga Minikh          | Director           |
| Johanne Penrose      | Director           |
| Lawrence Rubin       | Director           |
| Narmatha Thayanathan | Director           |

## Annual Report from the Executive Director

2017-18 has been shaped by the full adoption of our new name – Durham Association for Family Resources and Support: One Person at a Time; Together with Families. This name change signals changes and actions over the past year demonstrating our growing clarity with who we are and what we are to each other. We are increasingly known around Durham Region, across the province, and even further abroad as place of family support and leadership where the voice of the person is strong within the context of their families, and where the focus is on both funded and natural resources that lead to individualized lifestyle arrangements for a good life in community. We are known as innovative, creative, family-led and rooted in community.

In action, over the past year, this has meant the continuation of excellence in supporting families to imagine, plan and implement good lives in their communities. But in addition, as a result of listening deeply to what families say they want and need we have made some additions and changes as well. Our dynamic Imagining Home housing venture is led by some 30 families and supported through some paid coordination and other support. We have doubled our staff team's focus on recruitment. We have begun to address the requests from out-of-region families where there are no local alternatives for families who want to design and manage their own arrangements. We have successfully submitted a number of individualized support plans that have been funded for new arrangements. We have continued funding for initiatives in Mindfulness practice, job development, learning events, and for funding small emerging roles for and with people.

We have found many ways to promote a 'family first' face of the organization including a clear voice of the person themselves. This is evident throughout Durham Family Resources - from our joyful Stories by the Fire event in December, to family participation in several SRV and PASSING learning events, to family mentoring roles in our popular family-to-family learning series, to Board bridge funding of the Durham Family Network, to families seizing the lead in all Housing presentations, to families being a part of local and international conferences, to new families coming onto our board of Directors, to the depth of family members we can now count on for small and large impromptu presentations with good stories to tell, and beyond. I am proud and awed beyond measure of the capacity, energy, and creativity of the families and our communities.

We have been able to focus time, energy and resources on new and emerging family groups. Our evidence shows that when the same families meet together on a regular basis within a supportive and principled framework (one person at a time thinking, community based focus, family led) families feel stronger, clearer, and more energized. To that end, we have found ways to support three new family groups and continue to support a number of already established groups. Some of these are issue specific, such as Housing or Bio Medical Approaches, and others are the same group of families working together to understand and implement what it takes to bring about a good life for the whole family.

Part of the growing clarity of our organization is that our approach allows families to gain clarity on why what is on offer (grouped, special and traditional options) don't work for their family's vision of a good life in community and then assists them to design effective alternatives that will. This double-edged approach helps families to be more and more in charge of reviewing their options and building ones that mean the most. We would say that this is the impact of using an SRV lens to our work and community while in partnership with families.

I am proud of the coherent, thoughtful and impactful work of families in partnership with us, of a dynamic staff team able to provide good support, of a wise and skilled senior team, and of a board that cares enough to learn deeply.



Janet Klees at the 2017 AGM discussing *The Nature of Family Support*

Janet



Families and Staff at the 2018 International SRV Conference, Winnipeg

**Durham Association for Family Resources & Support**  
20-850 King St. W  
Oshawa, Ontario L1J 8N5  
(905)436-2500  
[www.dafrs.com](http://www.dafrs.com)