



Making the Most Learning Series

Making the most of your time,
energy and money to achieve a
good life for your family member

FALL 2019

Durham Association for Family
Resources and Support

WWW.DAFRS.COM



Families throughout the Region of Durham are invited to participate in an innovative and interactive six-week workshop that will support in re-imagining opportunities and real options for their family member. The heart of the series is to move beyond traditional uses for funding to plan for a life that reflects interests, hopes and dreams.

The series is led by mentoring parents that engage in useful conversations and share their experiences in planning and creating opportunities. These conversations highlight simple choices that families can make to discover ordinary, yet significant ways for family members to be involved in their neighbourhood and community.

This series runs bi-weekly for
six sessions

Alternate Tuesday evenings from
6.30 – 8.30pm

Oct 1st, Oct 15th, Oct 29th, Nov 12th,
Nov 26th and Dec 10th

At 20-850 King Street West, Oshawa, ON

To register, or for
more information,
please contact Laura
(905) 436-2500
ext:2312
lpowell@dafrs.com

